



Canadian Mental
Health Association
Ontario

Association canadienne
pour la santé mentale
Ontario

Community Mental Health and OHTs

CMHA Ontario



About CMHA



- The Canadian Mental Health Association (CMHA) Ontario is a non-profit organization committed to the mental health of people in the province.
- CMHA Ontario supports 27 branches across the Province.



- CMHA branches offer mental health and addictions support programs.
- Many branches also offer programs to address the social determinants of health, such as primary care, housing, employment services, etc.
- CMHA is an advocate for the community care sector.



Community Mental Health and OHTs



Mental Health and Addictions are a population health priorities for OHTs.



OHTs bring community mental health providers to tables with the health care sector.



For integrated care, it's about trusting the people you're working with, which works well at the local level.

Achievements and Challenges



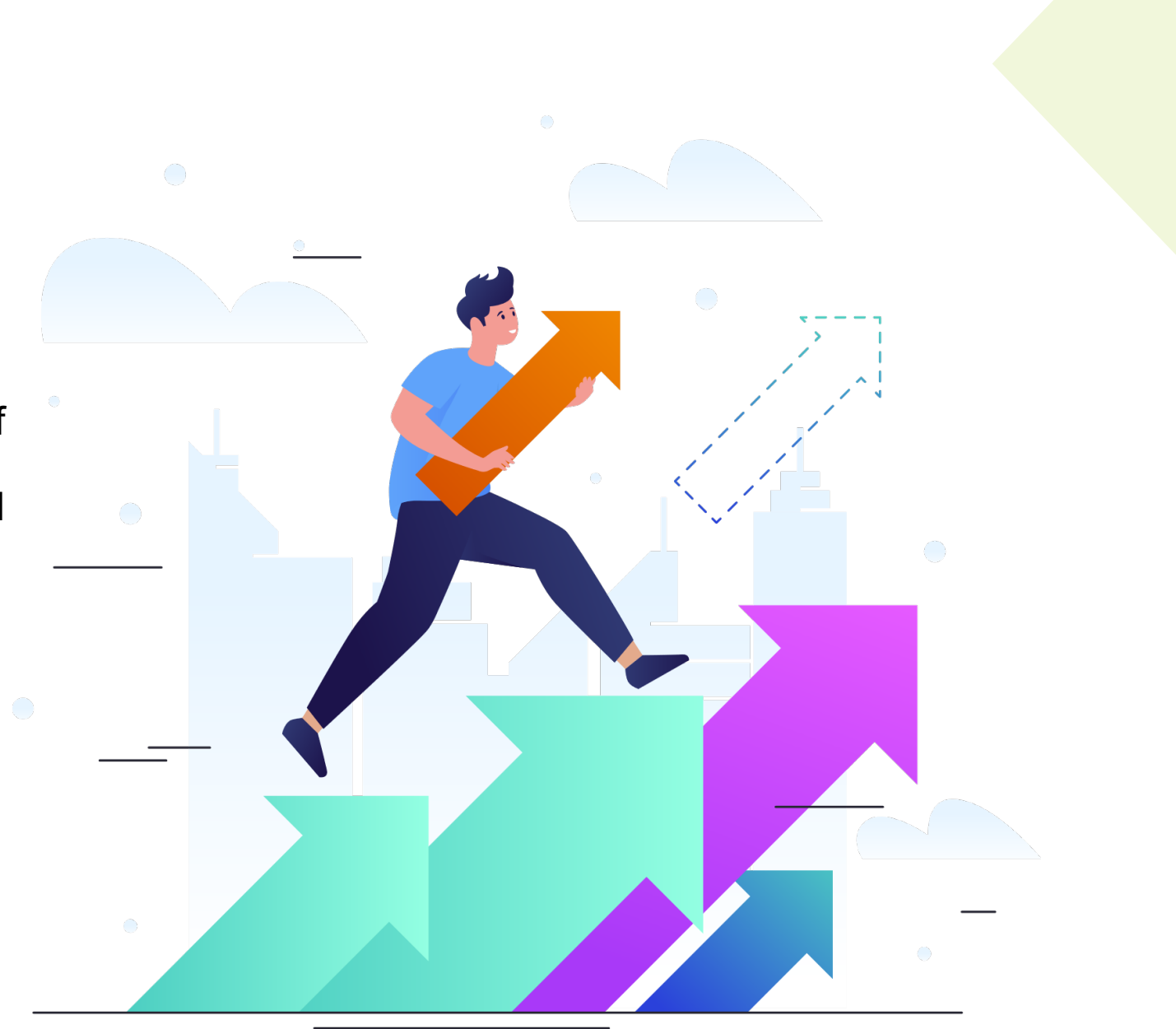
- OHTs have led to partnership opportunities for community mental health.
- A seat at the table means an opportunity to share the work that we do.



- OHTs have stretched the capacity in our organization.
- Duplication of work with Ontario Health regions and a lack of impact on the ground are ongoing concerns.

Moving Forward

- Opportunities to incorporate measurement of community care – currently, we are only measuring indicators that reflect hospital and physician services.
- There is potential for improved alignment of priorities across multiple, system initiatives



Thank you!

